



## Niacin 500 mg Non-Flushing

### 500 mg Niacin (vitamin B3)

No-flush Niacin (inositol hexanicotinate) is less toxic to the liver than regular Niacin.

While there are no studies proving that it reduces cholesterol, but it has been used for this purpose. No-flush Niacin has been shown to reduce arterial spasm, improve peripheral circulation, and support mental health. It may help relieve vasospasm symptoms of Raynaud's disease, especially during the winter months.

By John W Jones, MD, MPH  
Nutritional Consultant for Nutrition Pure and Simple  
[www.jjconsulting.net](http://www.jjconsulting.net)

**Supplement Facts:** Serving Size: 1 Capsule, Servings per Container: 100

Each capsule contains 500 mg Niacin (from 640 mg Inositol Hexanicolinate) and 135 mg Inositol (from 640 mg Inositol Hexanicolinate).

Other Ingredients: Microcrystalline cellulose, Magnesium stearate, Gelatin.

Suggested Use: One capsule per day or as directed by a qualified health professional.

*The ingredients in this product are supplied by well respected USA and/or European vendors and they are analyzed for purity and quality.*

How Niacin 500 mg is Supplied:  
VMNN bottles of 100 capsules

**Related Products:** For cholesterol consider Ultra Omega-Linic. And/or Loresterol.



Phone: 888.953.5553  
[www.nutritionpureandsimple.com](http://www.nutritionpureandsimple.com)

*These statements have not been evaluated by the Food and Drug Administration  
Products are not intended to diagnose, treat, cure, or prevent any disease*