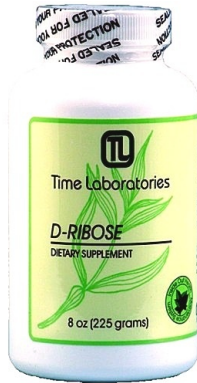


D-Ribose



Important Reasons to use D-Ribose

- increases endurance, recovery and muscle output
- reduces fatigue in fibromyalgia (FM) and chronic fatigue syndrome

Uses for d-Ribose:

D-ribose reduces fatigue in fibromyalgia (FM) and chronic fatigue syndrome
D-ribose increases performance, endurance, recovery in training and other muscular activity

What it Does:

D-Ribose is an aldopentose, a naturally occurring sugar that is used by the body to synthesize nucleotides, ATP and glycogen. d-Ribose helps to restore energy and support muscle recovery. It must be phosphorylated to become available to form tryptophan and histidine, or be used in the pentose phosphate pathway.

By John W Jones, MD, MPH
Nutritional Consultant for Nutrition Pure and Simple
www.jjconsulting.net

Supplement Facts: Serving Size: 5 Grams (Approximately 1.5 teaspoons).
Servings Per Container: 45
5 g Pure D-Ribose per serving

Suggested Use: As a dietary supplement, mix 5 grams into your food or beverage 1-4 times per day, or as directed by a qualified health professional. For best results do not take d-Ribose with protein

All of the ingredients in this product are supplied by well respected USA and/or European vendors and all are analyzed for purity and quality.

How d-Ribose is Supplied:

VMDR 8 oz (225 gm) bottles



Phone: 888.953.5553
www.nutritionpureandsimple.com

*These statements have not been evaluated by the Food and Drug Administration
Products are not intended to diagnose, treat, cure, or prevent any disease*