

B-Complex



How is this B-Complex different? It is made with a special time release process and isolation techniques.

Want to feel upbeat?

The dozen or so B vitamins are so meagerly supplied in the American diet that many Americans lack some of them. Sugar, alcohol and caffeine cause further deficiency problems. The need for B vitamins increases during infection or stress. Children and pregnant and lactating women need higher levels for normal growth. Most authorities agree that the B Vitamins work best if all are supplemented.

Consider using it with a Multi Vitamin Mineral Supplement such as Ultra Vites.

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Supplement Facts: Serving Size: 1 Capsule, Servings per Container: 100

Each capsule contains 25 mg Thiamine (B1), 25 mg Riboflavin (B2), 100 mg Niacin (Niacinamide), 50 mg Vitamin B6 (Pyridoxine Hcl), 400 mcg Folate (Folic Acid), Vitamin B12 (Cyanocobalamin), 150 mcg Biotin, 25 mg Magnesium.

Other Ingredients: nonpariel seeds (sugar spheres), PABA (para amino benzoic acid), proprietary food coating, microcrystalline cellulose, gelatin.

Suggested Use: 1 capsule with breakfast or lunch or as directed by a health professional.

The ingredients in this product are supplied by well respected USA and/or European vendors and they are analyzed for purity and quality.

How B-Complex is Supplied:

VMBC

bottles of 100 capsules

Related Products: Ultra Folic B6 B12, Ultra Vites, Ultra Preventive



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*These statements have not been evaluated by the Food and Drug Administration
Products are not intended to diagnose, treat, cure, or prevent any disease*